



# The Catholic Parish of Pittwater

Sacred Heart & Maria Regina. Neighbourhoods of Grace, entrusted to the care of the Salvatorians.

A warm welcome to all our parishioners and visitors who are celebrating the Eucharist with us at Pittwater Parish - Sacred Heart Church and Maria Regina Church



## Thoughts of Blessed Francis Jordan

Reveal to me and teach me Your will Oh God almighty!  
See, I am ready, but you, Lord, help me.



## PRAYER OF FAITH

Father,  
I put myself into your hands;  
Do with me whatever  
your will is.  
I'm ready for all.  
I accept all.  
Let only your will be done.  
I wish no more than this,  
O Lord,  
I need to surrender  
myself to you.  
Without reserve and with  
boundless confidence,  
for you are my Father.  
Amen.

## SAFEGUARDING

We, the people of the Catholic Diocese of Broken Bay and the Catholic Parish of Pittwater are committed to fostering communities of safety and care for all people, especially for children and others in the community who are vulnerable. Our commitment is underscored by our faith in Jesus Christ.



## POPE FRANCIS' PRAYER INTENTION FOR JANUARY

### FOR THE RIGHT TO AN EDUCATION

*Let us pray for migrants, refugees, and those affected by war, that their right to an education, which is necessary to build a better world, might always be respected.*

## MASS TIMES

### Sacred Heart Church

1 Keenan Street, Mona Vale  
**WEEKDAY MASSES**

**Tuesday 9.30 am**  
Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from 8.30 am followed by Mass

**Wednesday 9.30 am**

**Thursday 7 pm**  
Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from 7.30 pm to 9.00 pm

**Friday 9:30 am**  
First Friday of the month, Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from 9:30 am, followed by *Healing Mass/ Anointing of the Sick* at 10.30 am

**WEEKEND MASSES**  
Saturday Vigil 5.00 pm  
Sunday 8.00 am, 10.00 am & 6.00 pm (SOUL)

**RECONCILIATION**  
Saturday Vigil 4.00 pm to 4.30 pm

**BAPTISM**  
4th Sunday of the Month 11.30 am

### Maria Regina Church

7 Central Road, Avalon

**WEEKDAY MASSES**

**Monday 8.00 am**

**Wednesday 8.00 am**

**Thursday 10 am**  
9.00 am Exposition of the Blessed Sacrament, Adoration and Benediction at 9.45 am

**Friday 8.00 am**  
First Friday of the month, *Healing Mass/ Anointing of the Sick* at 8.00 am

**WEEKEND MASSES**  
Saturday Vigil 6.00 pm  
Sunday 9.00 am

**RECONCILIATION**  
Before Vigil Mass on Saturday

**BAPTISM**  
3rd Sunday of the Month 11.00 am

## We Pray for

Recently Deceased  
*Maria Turner*

### Deceased Anniversary

*Elizabeth Kral*  
*Helen Seve*  
*Nita Seve*

### Prayer for the Sick

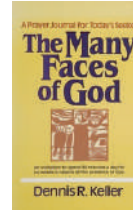
Anna Śmigowska  
Lily Janosik  
James  
Bruce Farr  
Cindy Kalalo  
Maureen Larios  
Denise Wagner  
Anna Maria  
Elaine Boyes  
Pauline Chipman  
Anna  
Svetlana  
Leonor  
Sofia

Anna Kantonec  
Mother Pauline  
Angela Miller  
Philip Khalifeh  
Joseph Khalifeh  
Robert McCauley

## BOOK REVIEW

### The Many Faces of God

by: Dennis R Keller



God is always there - we only have to remember and call Him. This book, divided into 6 separate weeks, asks inspired questions which really make us think and delve into our deeper selves. In essence, it brings us closer to God. Written by a pastor of Grace United Methodist Church, it teaches us that we are all searching, in our own ways for the Many Faces of God.



### Liturgy for the Week

- 20/01 **Monday, Ordinary Time 2**  
Heb 5:1-10; Mk 2:18-22
- 21/01 **Tuesday, St Agnes**  
Heb 6:10-20; Mk 2:23-28
- 22/01 **Wednesday, Ordinary Time 2**  
Heb 7:1-3, 15-17; Mk 3:1-6
- 23/01 **Thursday, Ordinary Time 1**  
Heb 7:25 - 8:6; Mk 3:7-12
- 24/01 **Friday, St Francis de Sales**  
Heb 8:6-13; Mk 3:7-12
- 25/01 **Saturday, The Conversion of St Paul**  
Acts 22:3-16; Mk 16:15-18

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UPDATE FROM THE  
SACRAMENTAL COORDINATOR  
**SACRAMENT OF FIRST RECONCILIATION**

MARIA REGINA CHURCH, AVALON - *Wednesday, 2 April 2025 at 5.00 pm*

SACRED HEART CHURCH, MONA VALE - *Wednesday, 9 April 2025 at 5.00 pm*  
*Children in Year 4 and above are eligible to receive this Sacrament if they  
have been Confirmed.*

For further information about the First Reconciliation programme and  
to enrol your child, you **MUST** attend **ONE** of the following

**Parent Information & Commitment Sessions:**

*Thursday, 6 February 2025 - Maria Regina Church at 7 pm OR*

*Tuesday, 11 February 2025 - Sacred Heart Church at 7 pm*

*For more information, please contact Sonia,  
sacraments@pittwaterparish.org*



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**For any questions contact**  
**Joe Cilia – 0418 863 814**

## Parish Directory

### Pittwater Parish

1 Keenan Street,  
Mona Vale  
NSW 2103  
Tel 9157 0999

**Parish Priest**  
**Fr Richard Sadowski SDS**

Tel 9157 0999 ext 10  
pp@pittwaterparish.org

**Assistant Priest**  
**Fr Zygmunt Smigowski SDS**

Tel 9157 0999 ext 12  
ap@pittwaterparish.org

**Parish Secretary**  
**Belinda Cimino**

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**Administrative Assistant**  
**Shereae Knight**

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office@pittwaterparish.org

**Director of Music**  
**Simon Morris**

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music@pittwaterparish.org

**Media & Communications  
Coordinator**

**Conille Felias**

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media@pittwaterparish.org

**Sacramental Coordinator**  
**Sonia Samartin**

Tel 9157 0999 ext 13  
sacraments@pittwaterparish.org

**CCD Catechist  
Coordinators**

**Maureen Wooldridge**  
Mobile 0421 907 469  
**Veronica Thomas**  
Mobile 0417 061 534

**Sacred Heart Church**  
1 Keenan Street, Mona Vale

**Maria Regina Church**  
7 Central Road, Avalon

### SCHOOLS

**Sacred Heart School**  
Mona vale  
Tel 8197 6900  
Principal: Mr Jamie Wahab

**Maria Regina School**  
Avalon  
Tel 7256 2138  
Principal: Ms Kirsty Thorpe

**Mater Maria Catholic College**  
Warriewood  
Tel 7256 2100  
Principal: Mr Marc Reicher

## The Wedding Feast at Cana: *A Reflection by Ann Corkery*



The wedding feast of Cana Gospel is rich in meaning, as it reveals both the relationship of Mary and Jesus, as well as Jesus' response to his mother.

At the feast, the situation seems to speak for itself. In the time and culture of Jesus, a wedding was a significant event that could last for several days. Running out of wine would be a major embarrassment to those hosting the wedding. Mary recognises the problem and brings it to Jesus' attention in a pithy declaration: "They have no wine." Jesus responds with "Woman, how does your concern affect me? My hour has not yet come." Mary does not tell Jesus what to do or how to do it. She simply states the need, fully trusting in His response to her words.

I am drawn to Mary's instruction to the servers. "Do whatever He tells you." We know, of course, from this Gospel, that Jesus responds with an abundant and generous gift of the finest wine, far beyond anyone's imagined expectation. I am in awe of this first public miracle of Jesus. I am also mindful of Mary, the model of advocacy, and how she lays a template for intercessory prayer.

On reflecting on this exchange, I wish I could better model Mary in my own life. I must admit that I tend to pray with a solution and outcome in mind. I have tried to model Mary's complete trust in my own relationship with her Son. Yes, I do state my needs and concerns, although I know that He knows them. I have been trying to step back and simply lay them before Him, as Mary did. My role is to speak from the heart and trust. I may have a solution in mind, but I do not know all variables that may play out. The key is to let God's will unfold, not mine.

I have found that when I have been able to truly let go – to trust in God's response, peace can be found even in trying circumstances. Prayers are answered in

unexpected ways. Unforeseen circumstances occur that shed light, open doors, and bring insight. I have found this to be true throughout my life in varied circumstances: preparing for marriage, searching for a home, discerning job changes, expecting the birth of children, caring for parents in compromised health, and being responsive to the needs of others who are less fortunate. Again, I am still a work in progress, but Mary is my model.

It should be noted that Jesus' first miracle takes place at a wedding feast. I think that it speaks to the importance of marriage and its role in God's divine plan. Marriage is a vocation to which many of us are called. Jesus' miracle addresses a temporal need, but through it, He brings many to believe in Him. We, too, are called to address both the temporal and spiritual needs of others.

After pondering Mary's advocacy, my attention is drawn to how Jesus chooses to perform His miracle. He could have simply made the wine from nothing, but he involves the servers who fill the jars to the brim with water. He takes the ordinary and transforms it into the extraordinary. It is a foreshadowing of His taking bread and wine which becomes his Body and Blood. The familiar and ordinary becomes the Real Presence.

Does Jesus not do this with us? Water, bread, and wine are ordinary, and of this world. We, too, are tied to this world and have our deficits, weaknesses, and blind spots. We have finite knowledge and insight into the Divine. Yet Jesus takes each of us and breathes life into our souls. Through Baptism, we are washed clean of original sin. Through Reconciliation, we are absolved of our sins and renewed. Through the Eucharist, we receive Jesus Himself and His abundant graces.

We, like the servers, are asked to do our part in God's plan. Through God's Providence, we are each given different gifts to fulfill His plan. As St. Paul notes, "To each individual the manifestation of the Spirit is given for some benefit." Our challenge is to recognise these gifts and to be ever mindful that they are given to us from God for a purpose. Some are called to use their gifts in a public forum. Leaders in government, medicine, and the media come to mind. Many of us are called to use our gifts in a more intimate way. Perhaps it is within a local community, church, or within our own families. If we trust in Him, we can be advocates for change and true channels of grace. Our challenge is to follow Mary's instruction of doing whatever Jesus tells us to do. This requires prayer, discernment, and trust in God's lead.

Jesus asks for our trust in Him. In turn, He asks us to do His will. As Mary advocates for us, we too are called to advocate for others in the world.

*By: Ann Corkery  
Composing Catholic*



## The Jubilee Logo

The logo shows four stylized figures, representing all of humanity, coming from the four corners of the earth. They embrace each other to indicate the solidarity and fraternity which should unite all peoples. The figure at the front is holding onto the cross. It is not only the sign of the faith which this lead figure embraces, but also of hope, which can never be abandoned, because we are always in need of hope, especially in our moments of greatest need. There are the rough waves under the figures, symbolising the fact that life's pilgrimage does not always go smoothly in calm waters. Often the circumstances of daily life and events in the wider world require a greater call to hope. That's why we should pay special attention to the lower part of the cross which has been elongated and turned into the shape of an anchor which is let down into the waves. The anchor is well known as a symbol of hope. In maritime jargon the 'anchor of hope' refers to the reserve anchor used by vessels involved in emergency manoeuvres to stabilise the ship during storms. It is worth noting that the image illustrates the pilgrim's journey not as an individual undertaking, but rather as something communal, marked by an increasing dynamism leading one ever closer to the cross. The cross in the logo is by no means static, but it is also dynamic. It bends down towards humanity, not leaving human beings alone, but stretching out to them to offer the certainty of its presence and the security of hope. At the bottom of the logo is the motto of the 2025 Jubilee Year: Pilgrims on hope, represented in green letters.

# We put our faith in Jesus



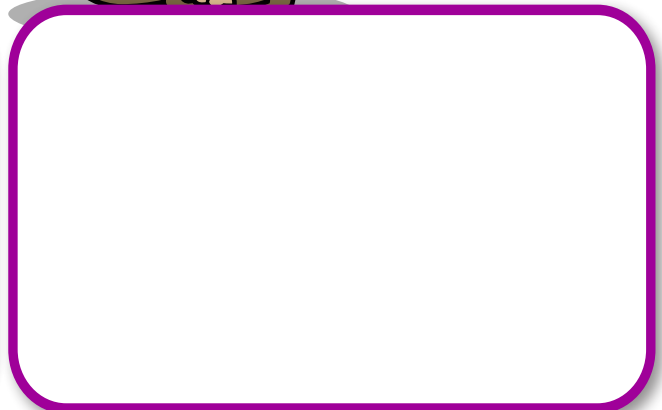
2nd Sunday in Ordinary Time, Year C

When the wine ran out at a wedding at Cana, Jesus performed his first miracle by turning the water in six stone jars into wine. After seeing this, Jesus' disciples put all their faith in him. Write down some of the ways that you show your faith in God.

Find the stream of water that turns into wine.



After the wedding at Cana, Jesus performed many more miracles. Draw Jesus performing three other miracles.





# The *Living* Word

**Entrance Antiphon** Psalm 65:4  
All the earth shall bow down before you,  
O God, and shall sing to you, shall sing  
to your name, O Most High!

**First Reading** Isaiah 62:1-5  
**A reading from the prophet Isaiah**  
*As the bridegroom rejoices in his bride,  
so will your God rejoice in you.*

About Zion I will not be silent,  
about Jerusalem I will not grow weary,  
until her integrity shines out like the  
dawn and her salvation flames like a  
torch. The nations then will see your  
integrity, all the kings your glory,  
and you will be called by a new name,  
one which the mouth of the Lord will  
confer. You are to be a crown of  
splendour in the hand of the Lord,  
a princely diadem in the hand of your  
God; no longer are you to be named  
'Forsaken', nor your land 'Abandoned',  
but you shall be called 'My Delight'  
and your land 'The Wedded';  
for the Lord takes delight in you  
and your land will have its wedding.  
Like a young man marrying a virgin,  
so will the one who built you wed you,  
and as the bridegroom rejoices in his  
bride, so will your God rejoice in you.

**The word of the Lord**

**Responsorial Psalm**  
Ps 95:1-3. 7-10. R. v.3

**(R.) Proclaim his marvellous deeds to  
all the nations.**

O sing a new song to the Lord,  
sing to the Lord all the earth.  
O sing to the Lord, bless his name. **(R.)**

Proclaim his help day by day, tell among  
the nations his glory and his wonders  
among all the peoples. **(R.)**

Give the Lord, you families of peoples,  
give the Lord glory and power,  
give the Lord the glory of his name. **(R.)**

Worship the Lord in his temple.  
O earth, tremble before him.  
Proclaim to the nations: 'God is king.  
He will judge the peoples in fairness.  
**(R.)**

**Second Reading** 1 Corinthians 12:4-11  
**A reading from the first letter of St  
Paul to the Corinthians**  
*One and the same spirit distributes  
different gifts as he chooses.*

There is a variety of gifts but always the  
same Spirit; there are all sorts of service  
to be done, but always to the same Lord;  
working in all sorts of different ways in  
different people, it is the same God who  
is working in all of them. The particular  
way in which the Spirit is given to each  
person is for a good purpose. One may  
have the gift of preaching with wisdom  
given him by the Spirit; another may  
have the gift of preaching instruction  
given him by the same Spirit; and

another the gift of faith given by the  
same Spirit; another again the gift of  
healing, through this one Spirit; one, the  
power of miracles; another, prophecy;  
another the gift of recognising spirits;  
another the gift of tongues and another  
the ability to interpret them. All these are  
the work of one and the same Spirit, who  
distributes different gifts to different  
people just as he chooses.

**The word of the Lord.**

**Gospel Acclamation**  
2 Thessalonians 2:14

Alleluia, alleluia!

God has called us with the gospel  
to share in the glory of our Lord Jesus  
Christ.

Alleluia!

**Gospel** John 2:1-11  
**A reading from the holy Gospel  
according to John**  
*The first of the signs given by Jesus was  
at Cana in Galilee.*

There was a wedding at Cana in Galilee.  
The mother of Jesus was there, and Jesus  
and his disciples had also been invited.  
When they ran out of wine, since the  
wine provided for the wedding was all  
finished, the mother of Jesus said to him,  
'They have no wine.' Jesus said,  
'Woman, why turn to me? My hour has  
not come yet.' His mother said to the  
servants, 'Do whatever he tells you.'  
There were six stone water jars standing  
there, meant for the ablutions that are  
customary among the Jews; each could  
hold twenty or thirty gallons. Jesus said  
to the servants, 'Fill the jars with water,'  
and they filled them to the brim. 'Draw  
some out now' he told them, 'and take it  
to the steward.' They did this; the  
steward tasted the water, and it had  
turned into wine. Having no idea where  
it came from – only the servants who had  
drawn the water knew – the steward  
called the bridegroom and said, 'People  
generally serve the best wine first, and  
keep the cheaper sort till the guests have  
had plenty to drink, but you have kept  
the best wine till now.'  
This was the first of the signs given by  
Jesus: it was given at Cana in Galilee. He  
let his glory be seen, and his disciples  
believed in him.

**The Gospel of the Lord**

**Communion Antiphon** Psalm 22:5

You have prepared a table before me,  
and how precious is the chalice that  
quenches my thirst.

**REFLECTION**  
by Dianne Bergant CSA

*The readings that are offered to us as we  
begin Ordinary Time carry over some of  
the themes that we considered during the  
Christmas season. Then we celebrated  
the new era that God inaugurated  
through the birth of Jesus. Now we look  
deeply into our minds and hearts to see  
just how open we are to the demands of  
that new year. Last Sunday we  
considered the manifestation of the Spirit  
at the time of the baptism of Jesus. This  
Sunday we contemplate the various  
manifestations of that same Spirit in our  
own lives. Finally, we are brought to  
realise that this variety of Spirit-filled  
ministries is intended to be a source of  
Christian unity and not of fragmentation  
or division.*

*One of the major themes gleaned from  
the readings for today is that of the call  
to newness. God summons us to  
something new, gives us a new name,  
provides us with new experiences,  
launches us into new ministries, and  
calls us to sing a new song of praise.  
Even Jesus experienced a call to  
newness. Through Mary, God called him  
out into ministry, a ministry that would  
bring the fruits of the eschatological age  
of fulfilment to the whole world. We may  
be inclined to think of Pentecost as the  
season of the Spirit, but in reality the  
newness of God always comes to us  
through the Spirit regardless of the  
season of the year. In the world of the  
new age, the real glory of Jesus will be  
manifested in the variety of the gifts of  
the Spirit given to the church.*

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You are a child of  
God, you are  
wonderfully made,  
dearly loved and  
precious in his  
sight. -Psalm 139



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*"For I KNOW THE PLANS I have for YOU, DECLARES THE LORD, 'PLANS TO PROSPER YOU AND NOT TO HARM YOU, Plans to GIVE YOU HOPE AND A FUTURE.'"*

JEREMIAH 29:11

So in Christ Jesus you are all children of God through faith, for all of you who were baptized into Christ have clothed yourselves with Christ.

**Galatians 3:26-27**

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—Romans 10:11

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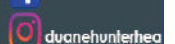
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